



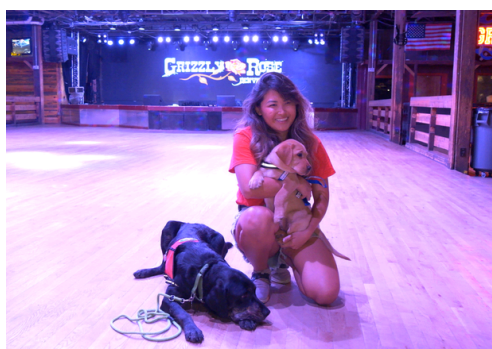
PURPOSE STATEMENT

Our vision is to actively engage in becoming the premiere workplace for military personnel and veterans. Our commitment to growth and focus on a common mission for the retention, recruitment, and advocacy of military and veteran service members will allow us to provide a direct impact to our workforce and its communities. Providing support and opportunity through the commitment of innovation and a team first approach will allow us to contribute resiliency and diversity to a thriving energy industry.



VALUE OF THE PROGRAM

- Camaraderie & companionship**
- Sense of purpose & community**
- Veteran recruitment & retention**
- Community outreach programs**
- Foster military-friendly culture**
- Provide resources & support**



VERG SHOUT OUT

Learn more about Sturgeon Electric hosting an annual Charity Ride and Poker Run to support the **Freedom Service Dogs of America**.

This section can be found on **Page 4** of this newsletter.



VA HEALTH RESOURCES

Whether you're looking for tools, guides or resources, we've compiled everything you need in one place

For a full list check out **Page 5**.



Joining the VERG can be highly beneficial for veterans transitioning from military service to civilian careers, those who have been separated from the military for a while, or anyone eager to support the veteran community. These groups have a sense of mission and service and helping veterans connect with colleagues who have similar experiences and backgrounds.

Being part of a VERG aids in professional development through mentorship, networking opportunities, and the development of unique skills and perspectives that veterans bring to the workforce. The VERG also supports advocacy for policies that benefit veteran employees, ensuring all contributions are recognized. If you're looking to stay connected to your military roots while balancing a new career path, our VERG offers that support!

We encourage you to reach out to a current group member to learn more!



Did you know that the Department of Veteran Affairs annually produces a custom Veteran Day poster to be displayed in all Veterans Affairs facilities? Artists from across the country submit their designs for a chance to be displayed in VA buildings across the country.

In 2024, the theme was *"A Legacy of Loyalty and Service"*. The poster was designed by Myisha Godette, a retired, disabled Army Veteran from Queens, New York.

To view past posters or learn more about entering the contest, visit the Veterans Affairs website, clicking on **"Veterans Day"**.

The nation honors military veterans for their dedication and commitment while serving in the military. MYR Group would like to take a moment to thank each of our veterans for your time and commitment to our country.



On November 11, Canadians pause to honor the brave men and women who have served in the military. Remembrance Day is a solemn occasion dedicated to acknowledging the sacrifices made in defense of peace and freedom.

At 11:00 am a moment of silence is observed across Canada to mark the signing of the armistice. This silent tribute is a powerful reminder of the cost of war and its lasting impact.

Formal ceremonies are held nationwide with one of the largest at the **National War Memorial** in Ottawa, where government officials, military personnel, veterans, and

civilians alike lay wreaths of poppies as a symbol of remembrance. Flags are often lowered to half-mast, and veterans march proudly, joined by their families and supporters. Schools hold assemblies to ensure this day's significance is passed on to future generations.

MYR Group would like to take a moment to thank each of our veterans for your time and commitment to serving your country.



249 Years of Service MARINE CORPS BIRTHDAY

"Back in 1775, my Marine Corp came alive" is part of Candance that I am not soon to forget. I think of it often as we approach November 10th the Marine Corps Birthday. Is it because of the significance of the Marine Corp holiday? Or it could be from the amount of running and PT we always had to do leading up to the Marine Corps birthday for "muscle memory"? In 2024, we celebrate the 249th anniversary of the Marine Corps, and 249 years never looked so good.

Each year the Marine Corp Commandant releases a message embodying the importance of this celebration, followed by balls and banquets held in honor of the event. It is a time for reflections, remembrance, and a looking forward to the future of the Marine Corps. Every Marine will have the opportunity to join in the festivities. We at VERG wish all Marines past and present a Happy Birthday, Semper Fidelis Devil Dogs!

To see the 249th anniversary Commandant's Message please visit the [Marines.mil](https://www.marines.mil) website.

PEARL HARBOR REMEMBRANCE DAY



December 7, 2024, marked the 83rd anniversary of Pearl Harbor, a day forever remembered as the "Day of Infamy" by President Franklin D. Roosevelt. The attack on Pearl Harbor is a significant mark in American history. The show of courage and heroism by survivors and our service members changed our world as we knew it. Through this devastating event the American people rose up and united the nation with a powerful sense of duty and propelled us into action.

The National Pearl Harbor Remembrance Ceremony was held on December 7, 2024, at 7:30am at the Pearl Harbor Nation Memorial. This ceremony is open to the public. Please visit their website for further details.



VERG SHOUT OUT

Sturgeon Electric's Veteran Support

For the past nine years, Sturgeon Electric has hosted their annual Charity Poker Run Event in support of the Freedom Service Dogs of America organization. This charitable organization trains dogs to provide life-changing services for individuals in need, including veterans with PTSD and people with disabilities who require assistance with their daily activities. The average cost to train and place one of these exceptional animals is \$30,000.

Sturgeon Electric went above and beyond and raised more than \$100,000 for Freedom Service Dogs of America.

VERG members were in attendance at the Poker Run, and we were blown away by the participation and dedication shown. We wanted to give a huge shout out to Sturgeon Electric and all volunteers for organizing a safe, fun and impactful event. Check out the video recap on [YouTube](https://www.youtube.com). We can't wait for the 10th annual ride on July 12, 2025!

VETERAN AFFAIRS HEALTH RESOURCES

The VERG will keep state and federal resources up to date



COLORADO VETERANS PROJECT

While Colorado Veterans Project mainly focuses on special events and raising awareness and funds for Veterans, they do have a large network of resources and connections in the Veteran and Military community. If you, or someone you know, is in need of help – or you're just curious about how to get further involved in the Veteran non-profit community – we hope that you check out these resources.



 coloradoveteransproject.org



VETERANS HEALTH ADMINISTRATION

The Veterans Health Administration is America's largest integrated health care system, providing care at 1,298 health care facilities, including 171 medical central and 1,113 outpatient sites of care of varying complexity (VHA outpatient clinics), serving 9 million enrolled Veterans each year.



 va.gov/health



COALITION TO SUPPORT AMERICA'S HEROES

The Veterans Health Administration is America's largest integrated health care system, providing care at 1,298 health care facilities, including 171 medical central and 1,113 outpatient sites of care of varying complexity (VHA outpatient clinics), serving 9 million enrolled Veterans each year.



 saluteheroes.org/get-help/resources



VETERAN CRISIS LINE IMMEDIATE SUPPORT

CALL OR TEXT



800.273.8255
PRESS "1"



TEXT 838255

If you are experiencing any thoughts or actions regarding suicide, you should seek immediate support. Call the Veterans Crisis Line at 1-800-273-8255 and Press 1, use the Veterans Crisis Line online chat, or send a text message to the Veterans Crisis Line at 838255. The Veterans Crisis Line provides free, confidential support 24 hours a day, 7 days a week, 365 days a year. If you feel you are in a crisis, whether or not you're thinking about suicide, you can also contact the Veterans Crisis Line. It is better to call sooner, rather than wait for problems to get worse.

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